



Transgender
Equality
Network
Ireland

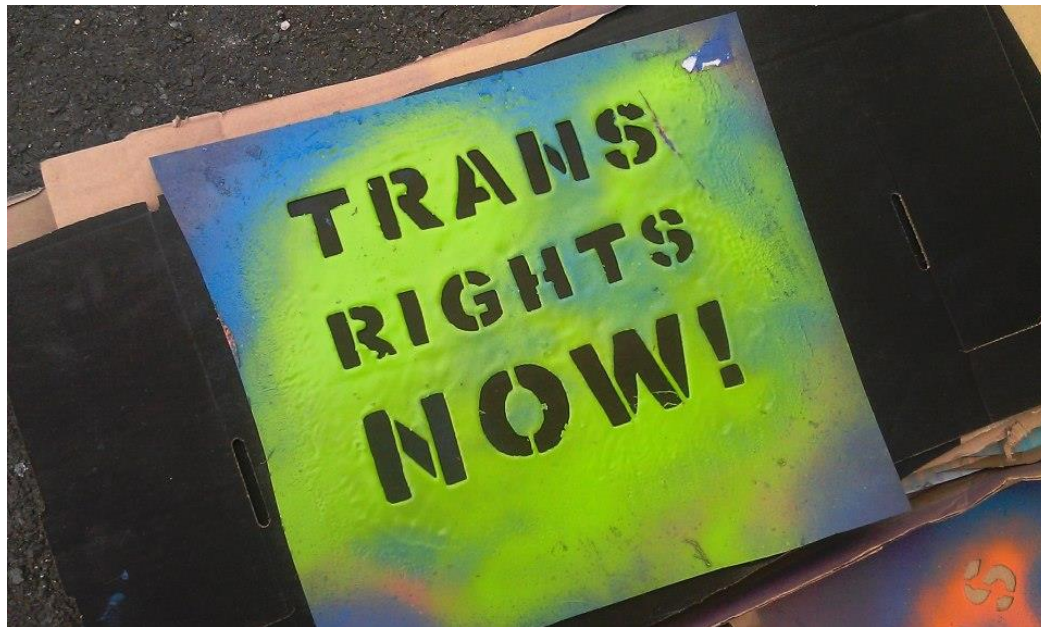
Trans 101

GAA Child Safeguarding Seminar November 3rd



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Transgender Equality Network Ireland (TENI) seeks to improve conditions and advance the rights and equality of trans people and their families.



TENI is a non-profit member-driven organisation, founded in 2006 and registered as a company limited by guarantee in February 2010. The governance is provided by a volunteer Board and operations are led by the Chief Executive and staff.





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Definitions & Language



Sex

The designation of a person at birth as male or female usually based on their anatomy or biology.

Gender Identity

A person's deeply-felt identification as male, female, some other gender or no gender.

Gender Expression

The external manifestation of a person's gender identity.

- **Infancy:** Most parents interactions with their infants are shaped by gender, and this in turn shapes the child's understanding of gender. (*Zosuls et al, 2011*)
- **18-24 Months:** Toddlers begin to define gender and develop a sense of self, taking messages from many sources.
- **Ages 3-4:** Children begin to connect the concept "girl" or "boy" to specific attributes.
- **Ages 5-6:** Very aware of rules and of the pressure to comply with them. (*Halim & Ruble, (2010), Zosuls et al, (2011)*)

- Children learn the social meaning of gender from adults and culture
- Beliefs about activities, interests and behaviour associated with gender are called “gender norms”.
- Children become resilient when they are valued and feel they belong. (*AAP Healthy Children (2015)*)

- Very different from sexual orientation
- In some cases treated as a phase that they may grow out of
- A child's gender expression does not necessarily predict what their gender identity or sexual orientation will be later in life. (*AAP Healthy Children, (2015)*)

- Female identified developing in a male form: facial hair, voice, muscle, bone structure etc.
- Male identified developing in a female form: breasts, menstruation, voice etc.
- Brings huge psychological stress, risk of self harm/suicide to gender incongruent people
- Additional stressors: bullying, family rejection

- An umbrella term to describe gender identities that are outside of the gender binary of “man” or “woman.”
- To describe individuals who feel their gender identity is neither female nor male, both, neither or a different gender identity altogether.



An umbrella term used to describe people whose sex characteristics are not either all typically male or all typically female at birth:

- Sex chromosomes
- Gonads - ovaries or testicles
- Sex hormones
- Internal reproductive anatomy
- External genitalia



- The process through which ***some*** trans people begin to outwardly live as the gender with which they identify, rather than the one assigned at birth.
- Transition ***might*** include social, physical or legal changes such as:
 - Coming out to family, friends, co-workers, etc.
 - Changing physical appearance.
 - Changing name, pronoun and sex designation on legal documents.
 - Medical assistance (e.g. through hormones or surgery).





THANK

YOU



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